

Lecture 7

(10 Feb)

Abel Summation Lemma

Let $\varepsilon_1 \geq \varepsilon_2 \geq \dots \geq \varepsilon_N \geq 0$.

Let $c_k \in \mathbb{C}$ and $|\sum_1^n c_j| \leq M$ for $1 \leq n \leq N$.

Then:

$$|\varepsilon_1 c_1 + \dots + \varepsilon_N c_N| \leq M \varepsilon_1.$$

PF

$$\text{Sum} = \varepsilon_1 s_1 + \varepsilon_2 (s_2 - s_1) + \dots + \varepsilon_N (s_N - s_{N-1})$$

$$= s_1 (\varepsilon_1 - \varepsilon_2) + \dots + s_{N-1} (\varepsilon_{N-1} - \varepsilon_N) + \varepsilon_N s_N$$

$$|\text{Sum}| \leq M(\varepsilon_1 - \varepsilon_2) + \dots + M(\varepsilon_{N-1} - \varepsilon_N) + M\varepsilon_N$$

↑ equals $M\varepsilon_1$ □

2 immediate corollaries are:

Thm (Dirichlet Test for Unif Conv)

Let $1 \geq \varepsilon_1(\alpha) \geq \varepsilon_2(\alpha) \geq \dots \geq 0$ and $\varepsilon_n(\alpha) \rightarrow 0$

for $\alpha \in E_1$. Let $\sum_1^\infty b_n(\beta)$ have unif bounded partial sums for $\beta \in E_2$. Then

$$\sum_{n=1}^{\infty} \varepsilon_n(\alpha) b_n(\beta)$$

conv unif on $E_1 \times E_2$.

PF

Use uniform Cauchy criterion! \square

Thm (Abel's Test for Unif Conv)

$\alpha \in E_1, \beta \in E_2$ again. Let $1 \geq \epsilon_1(k) \geq \epsilon_2(k) \geq \dots \geq 0$,

not nec going to 0. Let $\sum_1^{\infty} b_n(\beta)$ conv unif on E_2 . Then

$$\sum_1^{\infty} \epsilon_n(\alpha) b_n(\beta)$$

conv unif for $(\alpha, \beta) \in E_1 \times E_2$.

PF

Use uniform Cauchy criterion! \square

Use trivial geom series:

$$\left| \sum_{n=0}^N e^{2\pi i n \theta} \right| \leq \frac{2}{2|\sin \pi \theta|} = \frac{1}{|\sin \pi \theta|}, \quad \theta \notin \mathbb{Z}.$$

By Dirichlet's test, get

$$\sum_1^{\infty} \frac{1}{n} e^{2\pi i n \theta}$$

conv unif for $\delta \leq \theta \leq 1 - \delta$. We connect this series with

$$\sim \text{Log}(1-z).$$

$$-\log(1-z) = z + \frac{z^2}{2} + \dots, \quad |z| < 1$$

$z = re^{i\alpha}$ as usual

$$-\log(1-re^{i\alpha}) = re^{i\alpha} + \frac{1}{2}r^2e^{2i\alpha} + \frac{1}{3}r^3e^{3i\alpha} + \dots$$

$$0 \leq r < 1$$

Wish to let $r \rightarrow 1$.

↖ (2)

Know $\sum_{n=1}^{\infty} \frac{1}{n} e^{2\pi i n \alpha}$ conv unif away from

$\alpha \in \mathbb{Z}$, i.e. away from $z=1$. So, by Abel's test, get

$$\sum_{n=1}^{\infty} \frac{r^n}{n} e^{2\pi i n \alpha}$$

conv unif $0 \leq r \leq 1$, $\delta \leq \alpha \leq 1-\delta$ (say). We conclude therefore that

$$-\log(1-e^{2\pi i \alpha}) = \sum_{n=1}^{\infty} \frac{e^{2\pi i n \alpha}}{n} \quad \star$$

for $0 < \alpha < 1$.

One writes:

$$\begin{aligned} 1 - e^{2\pi i \alpha} &= e^{\pi i \alpha} (e^{-\pi i \alpha} - e^{\pi i \alpha}) \\ &= e^{\pi i \alpha} (-2i \sin \pi \alpha) \\ &= 2 \sin \pi \alpha \cdot e^{\pi i \alpha - i\pi/2}, \quad 0 < \alpha < 1. \end{aligned}$$

Conclude at once: (see (3)★)

$$-\ln(2\sin\pi\theta) = \sum_{n=1}^{\infty} \frac{\cos(2\pi n\theta)}{n}$$

$$\theta - \frac{1}{2} = - \sum_{n=1}^{\infty} \frac{\sin(2\pi n\theta)}{\pi n} \quad ,$$

with unif conv for $\delta \leq \theta \leq 1-\delta$. These are two very basic Fourier series, especially #2.

$$\theta - [\theta] - \frac{1}{2} = - \sum_{n=1}^{\infty} \frac{\sin(2\pi n\theta)}{\pi n} \quad , \quad \theta \notin \mathbb{Z}$$

(can)
We now start moving very majorly toward the proof of PNT.

Recall from Lec 6:

$$|J(x+iy)| \leq A \ln|y|, \quad x \geq 1, |y| \geq 2$$

$$|J'(x+iy)| \leq B \ln^2|y|, \quad x \geq 1, |y| \geq 2$$

$$|J(x+iy)| \leq \frac{e}{\delta(1-\delta)} |y|^{1-\delta}, \quad x \geq \delta, |y| \geq 2, 0 < \delta < 1.$$

We also had:

(5)

$$\zeta(z) = \prod_p \frac{1}{1-p^{-z}} \quad \operatorname{re}(z) > 1$$

$$\log \zeta(z) = \sum_{n=2}^{\infty} \frac{\Lambda(n)}{\log n} n^{-z}, \quad \operatorname{re}(z) > 1$$

$$\frac{\zeta'(z)}{\zeta(z)} = - \sum_{n=2}^{\infty} \frac{\Lambda(n)}{n^z}, \quad \operatorname{re}(z) > 1$$

Hadamard

$$|\zeta(x)|^3 |\zeta(x+iy)|^4 |\zeta(x+2iy)| \geq 1, \quad x > 1, y \neq 0.$$

I proved in Lec 6 that $\zeta(1+iy) \neq 0$.

Theorem (improvement over $\zeta(1+iy) \neq 0$)

$$\frac{1}{\zeta(x+iy)} = O(1)(\ln|y|)^7 \quad \text{for } x \geq 1, |y| \geq 3.$$

PF

Very close to Ingham!

$$x \geq 2: \quad \left| \frac{1}{\zeta(z)} \right| = \left| \prod_p (1-p^{-z}) \right| \leq \prod_p (1+p^{-x}) \leq \prod_p \frac{1}{1-p^{-x}}$$

$$\left| \frac{1}{\zeta(z)} \right| \leq \zeta(x) \leq \zeta(2).$$

So, wlog, $1 \leq x \leq 2$. Also, wlog, $|y| \geq 3$.

Notice

$$[(x-1)J(x)]^3 |J(x+iy)|^4 |J(x+2iy)| \geq (x-1)^3$$

↑
use (4) bottom

$$\Rightarrow |J(x+iy)|^4 \geq \frac{(x-1)^3}{[(x-1)J(x)]^3 A \ln(2y)}$$

↑ trivial cont. fcn.

$$|J(x+iy)|^4 \geq \frac{(x-1)^3}{A \ln y} \quad (\text{not same } A)$$

$$|J(x+iy)| \geq \frac{(x-1)^{3/4}}{A(\ln y)^{1/4}} \quad \left\{ \begin{array}{l} 1 \leq x \leq 2 \\ y \geq 3 \end{array} \right\}.$$

But $|J'(x+iy)| = O(\ln^2 y)$, all $x \geq 1, y \geq 3$.

Take any $c \in (1, 2), x \in [1, 2]$. Get:

$$J(x+iy) - J(c+iy) = \int_c^x J'(u+iy) du$$

$$|J(x+iy) - J(c+iy)| \leq A|x-c| \ln^2 y \quad (4) \text{ bottom}$$

$$|J(x+iy)| \geq |J(c+iy)| - A|x-c| \ln^2 y.$$

But,

$$|J(c+iy)| \geq \frac{(c-1)^{3/4}}{A(\ln y)^{1/4}} \quad \text{by above.}$$

Get:

$$|J(x+iy)| \geq \frac{(c-1)^{3/4}}{A(\ln y)^{1/4}} - A|c-x|\ln^2 y$$

If $x \geq c > 1$, just use

$$|J(x+iy)| \geq \frac{(c-1)^{3/4}}{A(\ln y)^{1/4}}, \quad \leftarrow \textcircled{6} \text{ line 5}$$

since it's better!! But, if $1 \leq x < c$, use

$$|J(x+iy)| \geq \frac{(c-1)^{3/4}}{A_1(\ln y)^{1/4}} - \frac{A|c-x|\ln^2 y}{2}$$

$$|J(x+iy)| \geq \frac{(c-1)^{3/4}}{A_1(\ln y)^{1/4}} - A_2(c-1)\ln^2 y$$

$$|J(x+iy)| \geq \frac{1}{A_1} \left[\frac{(c-1)^{3/4}}{(\ln y)^{1/4}} - A_3(c-1)\ln^2 y \right]$$

Now have a trivial-type calculus problem to make bracket as large as possible.

Standard trick:

$$\frac{(c-1)^{3/4}}{(\ln y)^{1/4}} = \mathcal{O}(c-1)\ln^2 y, \quad \mathcal{O} = \text{adjustable}$$

$$\frac{1}{\mathcal{O}} \frac{1}{(\ln y)^{1/4}} = (c-1)^{1/4}$$

so we want

(8)

$$c-1 = \frac{G}{(\ln y)^9}$$

G to be adjusted.

We declare:

$$c = 1 + \frac{G}{(\ln y)^9} \quad (y \geq 3)$$

and keep G small enough that $c \in (1, 2)$.

Get:

$$|S(x+iy)| \geq \frac{1}{A_1} (c-1)^{3/4} \left[\frac{1}{(\ln y)^{1/4}} - A_3 (c-1)^{1/4} \ln^2 y \right] \text{ by (7)}$$

$$= \frac{1}{A_1} \frac{G^{3/4}}{(\ln y)^{27/4}} \left[\frac{1}{(\ln y)^{1/4}} - A_3 \frac{G^{1/4}}{(\ln y)^{9/4}} (\ln y)^{2/4} \right]$$

$$= \frac{1}{A_1} \frac{G^{3/4}}{(\ln y)^7} [1 - A_3 G^{1/4}] \cdot$$

Want G so small that $1 - A_3 G^{1/4} \geq \frac{1}{2}$.

(In addition to keeping $1 < c < 2$.) Get:

$$|S(x+iy)| \geq \frac{\text{constant}}{(\ln y)^7}, \quad 1 \leq x < 1 + \frac{G}{(\ln y)^9}.$$

For $x > 1 + \frac{6}{(\ln y)^9}$, we use [(7) line 4]

$$|J(x+iy)| \geq \frac{(c-1)^{3/4}}{A(\ln y)^{1/4}} = \frac{\left(\frac{6}{\ln^9 y}\right)^{3/4}}{A(\ln y)^{1/4}}$$

$$\approx \frac{\text{constant}}{(\ln y)^7} \bullet$$

So, in all cases,

$$|J(x+iy)| \geq \frac{\text{const}}{(\ln y)^7}$$

$$x \in [1, 2]$$

$$y \geq 3 \bullet$$

So:

$$\frac{1}{|J(z)|} \leq (\text{const}) (\ln y)^7 \bullet$$

One defines (following Riemann)

$$\Psi_1(x) = \int_0^x \Psi(v) dv$$

$$\{\Psi(v) = 0, v < 2\}$$

$$= \int_0^x \left(\sum_{k \leq v} 1(k) \right) dv$$

$$= \sum_{k \leq x} 1(k) \int_k^x dv = \sum_{k \leq x} 1(k) (x-k) \bullet$$

We will also follow Riemann and begin writing

$$s = \sigma + it$$

instead of $z = x + iy$.

Theorem (Fund. Formula)

$$\Psi_1(x) = \frac{1}{2\pi i} \int_{c-i\infty}^{c+i\infty} \frac{x^{s+1}}{s(s+1)} \left[-\frac{\Gamma'(s)}{\Gamma(s)} \right] ds$$

for all $c > 1, x > 0$.

Note that:

$$\left| \frac{x^{s+1}}{s(s+1)} \right| = \frac{x^{\sigma+1}}{|\sigma||\sigma+1|} \leq \frac{x^{\sigma+1}}{|\sigma|^2}$$

There is no question that RHS converges!

Proof

We require a standard lemma from complex analysis.

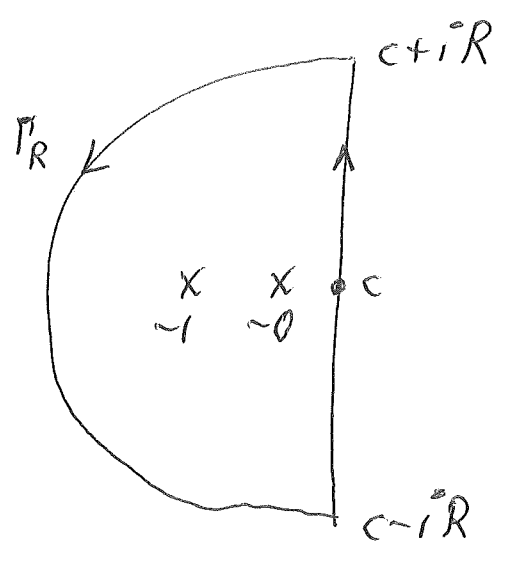
Lemma

Freeze y . Fix any $c > 0$. Then:

$$\frac{1}{2\pi i} \int_{c-i\infty}^{c+i\infty} \frac{y^s}{s(s+1)} ds = \begin{cases} 0, & \text{if } y < 1 \\ 1-y^{-1}, & \text{if } y \geq 1 \end{cases}$$

PF

$y \geq 1$ first.



Our Analytic fcn of s
 is $\frac{y^s}{s(s+1)}$.
 (y fixed)

Ingham ^{p.31} uses Cauchy residue thm on this shape. We prefer Cauchy integral theorem + Cauchy integral formula!!

(12)

$$\text{CIT} \Rightarrow \oint_{\square} = \oint_{|s|=\varepsilon} + \oint_{|s+1|=\varepsilon}$$

But,

$$\frac{1}{2\pi i} \oint_{|s|=\varepsilon} \frac{1}{s} \frac{y^s}{s+1} ds = \frac{y^0}{0+1} = 1 \quad \text{by CIF}$$

$$\frac{1}{2\pi i} \oint_{|s+1|=\varepsilon} \frac{1}{s+1} \frac{y^s}{s} ds = \frac{y^{-1}}{-1} = -y^{-1} \quad \text{by CIF}$$

and

$$\left| \int_{\Gamma_R} \frac{y^s}{s(s+1)} ds \right| \leq \int_{\Gamma_R} \frac{y^c}{|s||s+1|} |ds|$$

← correct since $y \geq 1$

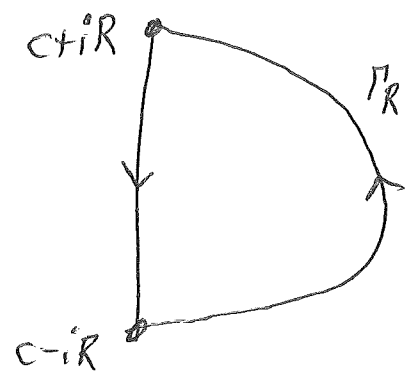
$$\leq (\text{const}) y^c \frac{1}{R^2} \pi R$$

$$= O\left(\frac{y^c}{R}\right) \rightarrow 0 \quad \text{as } R \rightarrow \infty$$

We immediately get:

$$\frac{1}{2\pi i} \int_{c-i\infty}^{c+i\infty} \frac{y^s}{s(s+1)} ds + 0 = 1 - y^{-1}$$

For $y < 1$, use shape:



$\left| \int_{\Gamma_R} \right| \rightarrow 0$
again since $y < 1$

\square (on the lemma)

We are now ready for the Theorem.

Start on RHS. Freeze $c > 1$ and $x > 0$.

Must evaluate:

$$\frac{1}{2\pi i} \int_{c-i\infty}^{c+i\infty} \frac{x^{s+1}}{s(s+1)} \left[+ \sum_{n=1}^{\infty} \frac{1(n)}{n^s} \right] ds$$
$$\approx \frac{1}{2\pi} \int_{-\infty}^{\infty} \frac{x^{c+1+it}}{(c+it)(c+1+it)} \sum_{n=1}^{\infty} \frac{1(n)}{n^{c+it}} dt$$

Want to integrate term-by-term.

(14)

Standard set-up applies.

$g(t)$ absolutely integrable on \mathbb{R}

$|f_n(t)| \leq M_n \quad \sum_1^\infty M_n < \infty$ for Weierstrass M -test

$$\Rightarrow \int_{-\infty}^{\infty} g(t) \sum_{n=1}^{\infty} f_n(t) dt = \sum_{n=1}^{\infty} \int_{-\infty}^{\infty} g(t) f_n(t) dt$$

(standard adv calculus)

NOTE THAT:

$$\left. \begin{aligned} & \sum_1^{\infty} \int_{-\infty}^{\infty} |g(t)| |f_n(t)| dt \\ & \leq \sum_1^{\infty} \int_{-\infty}^{\infty} |g(t)| M_n dt < \infty \end{aligned} \right\}$$

We immediately get:

$$\textcircled{13} \text{ bottom} = \sum_{n=1}^{\infty} 1(n) \frac{1}{2\pi i} \int_{c-i\infty}^{c+i\infty} \frac{x^s}{s(s+1)} \left(\frac{x}{n}\right)^s ds$$

$$= \sum_{n \leq x} 1(n) x \left[1 - \frac{1}{x/n}\right] + 0 \quad \text{by Lemma}$$

$$= \sum_{n \leq x} 1(n) [x - n] = \psi_1(x). \quad \blacksquare$$

Remark.

In lec 8, I derived Thm (10) by elementary use of Fourier integrals. It is by no means essential to use complex variable. Riemann certainly knew this.

Once having Riemann's fund formula, one seeks to move $\{ \text{Re}(s) = c \}$ over to the left.
THIS WILL USE COMPLEX VARIABLE!

I prefer to move the line to $\{ \text{Re}(s) = 1 \}$.

I need one more little lemma.

See Ingham p. 31.

CLAIM: $y > 0$ fixed, $c > 0$ fixed

$$\frac{1}{2\pi i} \int_{c-ia}^{c+ia} \frac{y^s}{s(s+1)(s+2)} ds = \begin{cases} 0, & \text{if } y < 1 \\ \frac{1}{2}(1-y^{-1})^2, & \text{if } y \geq 1 \end{cases}$$

PF

Very similar to what we did on (11) - (13).

Omit $y < 1$. For $y \geq 1$, notice that

$$\frac{1}{2\pi i} \oint_{|s|=\varepsilon} \frac{1}{s} \frac{y^s}{(s+1)(s+2)} ds = \frac{y^0}{1 \cdot 2} = \frac{1}{2}$$

$$\frac{1}{2\pi i} \oint_{|s+1|=\varepsilon} \frac{1}{s+1} \frac{y^s}{(s)(s+2)} ds = \frac{y^{-1}}{(-1)(1)} = -y^{-1}$$

$$\frac{1}{2\pi i} \oint_{|s+2|=\varepsilon} \frac{1}{s+2} \frac{y^s}{s(s+1)} ds = \frac{y^{-2}}{(-2)(-1)} = \frac{1}{2} y^{-2}$$

$$\text{Sum} = \frac{1}{2} (1 - y^{-1})^2 \quad (\text{OK})$$

Keep $y \geq 1$. Know: (any $\eta > 0$)

$$\frac{1}{2\pi i} \int_{\eta-i\infty}^{\eta+i\infty} \frac{y^s}{s(s+1)(s+2)} ds = \frac{1}{2} (1 - y^{-1})^2$$

$$\xi = s+1$$

$$\frac{1}{2\pi i} \int_{\eta+1-i\infty}^{\eta+1+i\infty} \frac{y^{\xi-1}}{(\xi-1)\xi(\xi+1)} d\xi = \frac{1}{2} (1 - y^{-1})^2$$

$$\underline{\underline{1 + \eta > 1}}$$

The problem with moving $\{\operatorname{Re}(s) = c\}$ in (10) directly to $\operatorname{Re}(s) = 1$ is hitting the pole at $s=1$. Must modify things slightly!

near $s=1$

$$\zeta(s) = (s-1)^{-1} [1 + c_1(s-1) + c_2(s-1)^2 + \dots]$$

$$\zeta(s) = (s-1)^{-1} \phi(s) \quad \text{say}$$

$$\frac{\zeta'(s)}{\zeta(s)} = -\frac{1}{s-1} + \frac{\phi'(s)}{\phi(s)} \quad \text{near } s=1$$

$$-\frac{\zeta'(s)}{\zeta(s)} = \frac{1}{s-1} + [\text{analytic}]$$

⇓

$$-\frac{\zeta'(s)}{\zeta(s)} - \frac{1}{s-1} \text{ is analytic for } \operatorname{Re}(s) \geq 1$$

Notice that: ($c > 1$)

$$\frac{1}{2\pi i} \int_{c-i\infty}^{c+i\infty} \frac{x^{s-1}}{(s-1)s(s+1)} ds = \frac{1}{2} \left(1 - \frac{1}{x}\right)^2,$$

by (16) bottom for $x > 1$.

For $x > 1$, we thus have:

$$\frac{\Psi_1(x)}{x^2} = \frac{1}{2\pi i} \int_{c-i\infty}^{c+i\infty} \frac{x^{s-1}}{s(s+1)} \left[-\frac{\zeta'(s)}{\zeta(s)} \right] ds$$

$$\frac{1}{2} \left(1 - \frac{1}{x}\right)^2 = \frac{1}{2\pi i} \int_{c-i\infty}^{c+i\infty} \frac{x^{s-1}}{s(s+1)} \left[\frac{1}{s-1} \right] ds$$

$$\frac{\Psi_1(x)}{x^2} - \frac{1}{2} \left(1 - \frac{1}{x}\right)^2 = \frac{1}{2\pi i} \int_{c-i\infty}^{c+i\infty} \frac{x^{s-1}}{s(s+1)} \left[-\frac{\zeta'(s)}{\zeta(s)} - \frac{1}{s-1} \right] ds.$$

Write

$$H(s) = -\frac{\zeta'(s)}{\zeta(s)} - \frac{1}{s-1} \quad \text{for } \operatorname{Re}(s) \geq \sigma.$$

For $|t| \geq 3$, know that:

$$|H(s)| \leq \text{constant} + O(1) \ln^2 |t| \cdot \ln^7 |t|$$

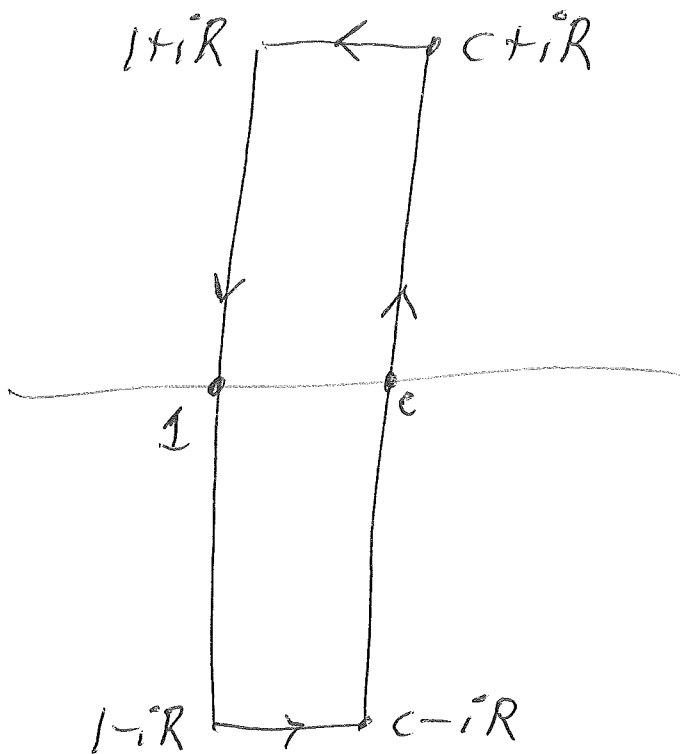
by (5) + (4) (bot). I.e.,

$$|H(s)| \leq O(1) (\ln |t|)^9$$

for $\sigma \geq 1$, $|t| \geq 3$.

Moving the contour in (18) line 4 is now trivial.

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$$x > 1$$

$$c > 1$$

$R \approx \text{giant}$

$$\left| \int_{\text{horizontal}} \frac{x^s - 1}{s(s+1)} H(s) ds \right| \leq \int_1^c O(u) \frac{x^{c-1}}{R^2} (\ln R)^9 du$$

$$\leq O(1) (c-1) x^{c-1} \frac{(\ln R)^9}{R^2}$$

$$\rightarrow 0 \text{ as } R \rightarrow \infty$$

(x, c frozen)

Get:

$$\frac{\psi_1(x)}{x^2} - \frac{1}{2} \left(1 - \frac{1}{x}\right)^2 = \frac{1}{2\pi i} \int_{1-i\infty}^{1+i\infty} \frac{x^{s-1}}{s(s+1)} H(s) ds.$$

Notice here that $|H(1+it)| \leq A (\ln|t|)^9$.
 The integrand on RFS has abs value
 $\leq O(1) \frac{1}{t^2} (\ln|t|)^9$. ($|t| \geq 3$)

THEOREM (almost the PNT)

$$\lim_{x \rightarrow \infty} \frac{\psi_1(x)}{x^2} = \frac{1}{2}.$$

Proof

Must look at

$$\frac{1}{2\pi} \int_{-\infty}^{\infty} \frac{x^{it}}{(1+it)(2+it)} H(1+it) dt$$

$$\approx \frac{1}{2\pi} \int_{-\infty}^{\infty} \frac{H(1+it)}{(1+it)(2+it)} e^{it(\ln x)} dt.$$


($\ln x \rightarrow +\infty$)

But, the Riemann-Lebesgue lemma tells us that

$$\int_{-\infty}^{\infty} f(t) e^{it\lambda} dt \rightarrow 0$$

as $\lambda \rightarrow \pm \infty$ for any piecewise continuous absolutely integrable ($\int_{-\infty}^{\infty} |f(t)| dt < \infty$) f .

Since $\frac{H(1+it)}{(1+it)(2+it)}$ is C^∞ and $O(t) \frac{(\ln|t|)^9}{t^2}$

for $t \geq 3$, we are done. 



Proof of R-L lemma

Choose any $\epsilon > 0$.

Choose G so big: $\int_{|t| > G} |f(t)| dt < \frac{\epsilon}{3}$.

Find a piecewise constant fn $s(t)$ on $[-G, G]$ so that

$$\int_{-G}^G |f(t) - s(t)| dt < \frac{\epsilon}{3}$$

For $s(t)$, notice that on each "step",

$$\int_{a_j}^{b_j} c_j e^{it\lambda} dt = c_j \frac{e^{i\lambda b_j} - e^{i\lambda a_j}}{i\lambda}$$

$$[\text{abs value}] \leq 2|c_j| \frac{1}{\lambda}$$

Hence:

$$\int_{-G}^G s(t) e^{it\lambda} dt = O\left(\frac{1}{\lambda}\right)$$

Writing

$$\int_{-\infty}^{\infty} f(t) e^{it\lambda} dt = \int_{|t| > G} f(t) e^{it\lambda} dt + \int_{-G}^G [f(t) - s(t)] e^{it\lambda} dt$$

(continued)

$$+ \int_{-G}^G s(t) e^{i\lambda t} dt,$$

we clearly get

$$\left| \int_{-\infty}^{\infty} H(t) e^{i\lambda t} dt \right| < \frac{\epsilon}{3} + \frac{\epsilon}{3} + \frac{\epsilon}{3}$$

for all $|\lambda| > \lambda_\epsilon$. Done! \blacksquare

Note: if H is C^1 , just do (G fixed)

$$\begin{aligned} \int_{-G}^G H(t) e^{i\lambda t} dt &= \int_{-G}^G H(t) d\left(\frac{e^{i\lambda t}}{i\lambda}\right) \\ &= O\left(\frac{1}{\lambda}\right) - \int_{-G}^G \frac{e^{i\lambda t}}{i\lambda} H'(t) dt \\ &= O\left(\frac{1}{\lambda}\right) \end{aligned}$$

to make a short-circuit. IE, R-L lemma is TRIVIAL if $H \in C^1$.